

HOME & COMMUNITY-BASED SERVICES (HCBS) UPDATE

Human Services Committee

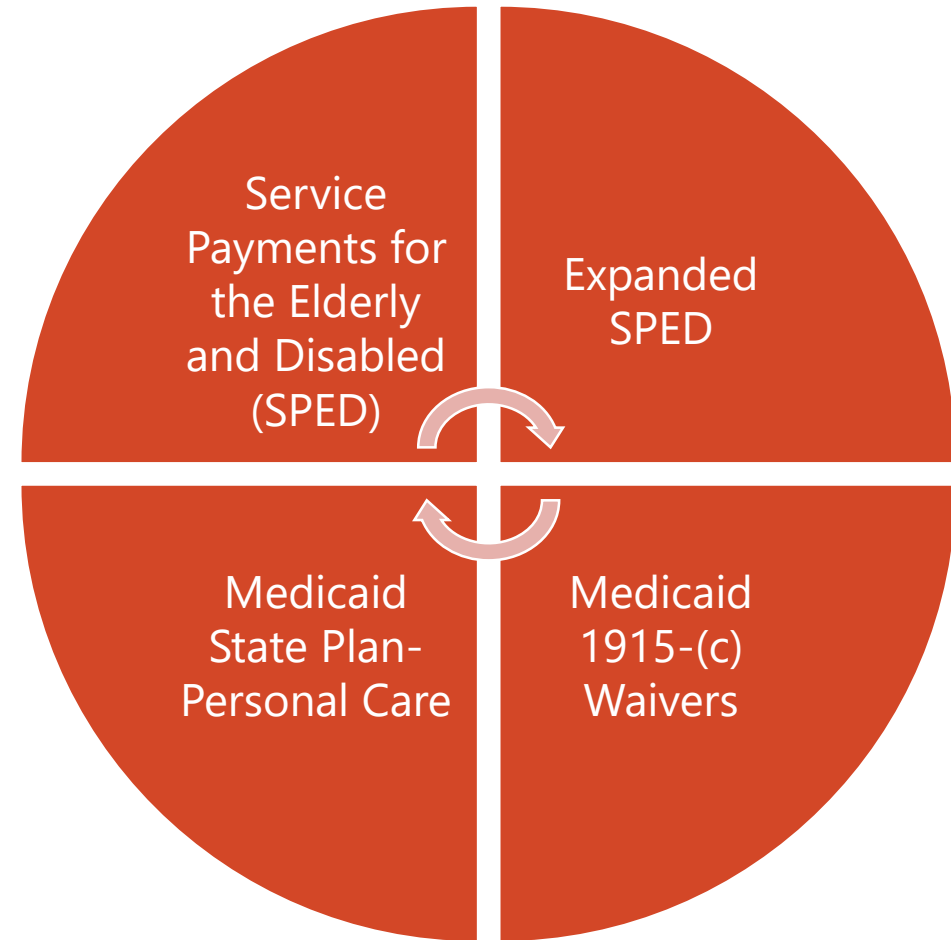
Representative Karen Rohr, Chairman

Aging Services Division

Nancy Nikolas Maier, Director

HCBS IN NORTH DAKOTA

- Range of home and community-based service options.
- Available to eligible older adults and individuals with physical disabilities.



LEGISLATIVE INVESTMENTS IN HCBS

Specialized role HCBS
Case Manager

New services

HCBS waiver

- Companionship
- Residential Habilitation
- Community Supports

Updated SPED client cost
share/ fee schedule

Updated SPED functional
eligibility to increase
access for less impaired

HCBS Informed Choice
Referrals - Rulemaking

Expand Aging &
Disability Resource Link
(ADRL) to include
centralized intake

SPED FUNCTIONAL ELIGIBILITY IMPACT

CY 2020	# Clients Added	# Clients Closed	Gain/Loss
January	124	33	91
February	101	41	60
March	60	35	25
April	42	40	2
May	49	26	23
June	52	36	16
July	55	17	38
Total	483	228	255

CY 2019	# Clients Added	# Clients Closed	Gain/Loss
Total	585	540	45

INFORMED CHOICE RULEMAKING REQUIREMENT

Senate Bill 2012

SECTION 44. HOME AND COMMUNITY-BASED SERVICES TARGETED POPULATION.

The department of human services shall adopt rules, on or before January 1, 2021, establishing a process and requirements to involve public and private entities in identifying individuals who are at serious risk of accessing Medicaid-funded long-term care in a nursing facility and inform them about home and community-based services options.

WHO ARE WE TRYING TO REACH?

TARGET POPULATION

Basic Eligibility

- Individual with physical disability
- Over age 21
- Eligible or likely to become eligible to receive Medicaid long-term services and supports (LTSS)
- Is likely to require LTSS for at least 90 days.



IF in skilled nursing setting

- Receive Medicaid-funded nursing facility services AND
 - Likely to require long term services and supports
- Receive nursing facility services AND
 - Likely to become eligible for Medicaid within 90 days, have submitted a Medicaid application, and have approval for a long-term nursing facility stay

IF in hospital or home setting

- Referred for a nursing facility level of care determination AND
 - Likely to need services long term
- Need services to continue living in the community AND
 - Currently have a HCBS Case Manager or have contacted the ADRL

AMERICANS WITH DISABILITY ACT

The Americans with Disabilities Act (ADA) requires public agencies to eliminate unnecessary segregation of persons with disabilities and provide services in the most integrated setting appropriate to the needs of the individual.

In 1999 the Federal Supreme Court Olmstead decision affirmed the ADA requirements.

COMMUNITY INTEGRATION MANDATE

- Most integrated setting means, a setting where individuals with disabilities can fully interact with individuals with non-disabilities and take advantage of community living as much as possible.
 - Usually a private residence owned or leased by the individual or their family.
- Most integrated setting for each individual is determined through person centered planning and informed choice.

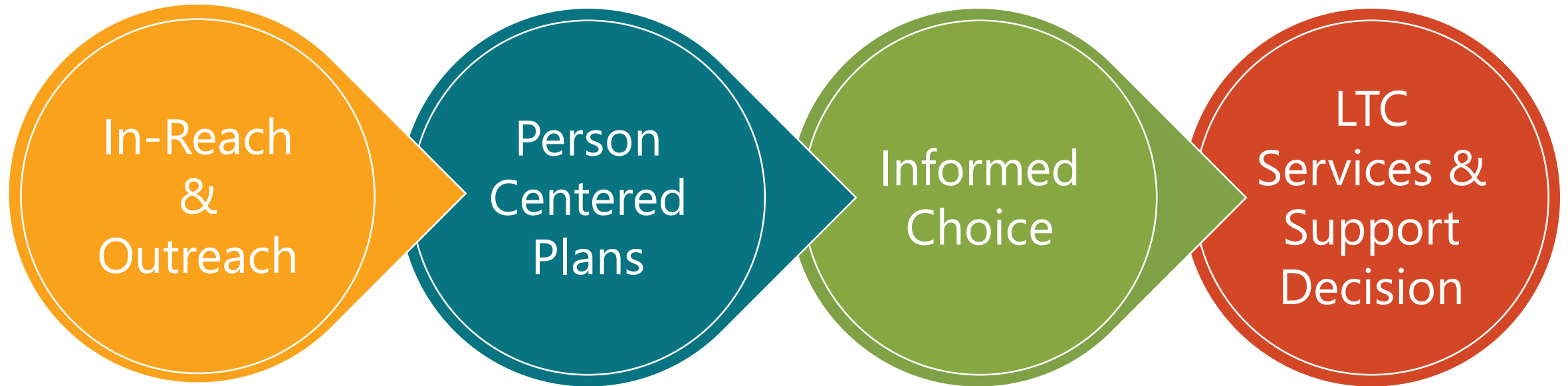
COMMUNITY INTEGRATION MANDATE

- Public entities are required to provide community-based services when:
 - Community-based services are **appropriate** for the individual; and
 - The individual **does not oppose** community-based treatment; and
 - Community-based treatment can be **reasonably accommodated**, taking into account the resources available to the entity and the needs of others receiving disability services.

INFORMED CHOICE PROCESS

- Informed Choice is made after person has been provided with information about options for integrated settings and engaged in person-centered planning.
- Informed Choice Referral Process Goals
 - Process to refer must be simple and easy to understand.
 - All consumer choices are supported through the person-centered planning/ informed choice process.
 - Person centered planning conversations need to be timely and happen when people are making critical LTC decisions.
 - Discharge professionals and the State staff completing person centered planning process will collaborate to best serve the consumer.
 - Public comment and professional feedback is important.

INFORMED CHOICE STRATEGY



- Process to identify individuals and give them an opportunity to make an informed decision about where to receive services.
- In-Reach: Making connections when individual is in hospital or skilled nursing facilities.
- Out-Reach: Connecting with someone who is living in their home and searching for care.

- Process, driven by the individual that identifies supports and services that are necessary to meet the individual's needs in the most integrated setting.
- Consumer works with HCBS case manager to examine range of options.

- The choice that is made after person has been provided with information about options for integrated settings and engaged in person-centered planning.
- Finalization of Care Plan and connection to resources as needed.

- Decision about individual care. All decisions are respected, and consumer is assisted in accessing HCBS if desired.
- Individual receives services in the setting and manner they selected; periodic follow up with case manager continues.

ADRL –CENTRALIZED INTAKE

- Process to receive HCBS referrals and determine if its appropriate to assign a case manager to complete a home visit.
 - ADRL serves anyone seeking LTC services regardless of age, income or type of disability.
- Based on no wrong door (NWD) approach which is a network built to support individuals needing LTC services by simplifying and streamlining access to information and services.
 - 7 out of 10 Americans 65+ will need LTC services for an average of 3 years.
 - Individuals and their caregivers sometimes make decisions on incomplete and sometimes inaccurate information about service options.

AGING & DISABILITY RESOURCE LINK

HOME

CAREGIVER SUPPORT

SERVICES ▾

QUICK LINKS

CONTACT US

THE AGING AND DISABILITY RESOURCE-LINK (ADRL) OF NORTH DAKOTA

Explore this site, or contact the free and confidential ADRL to guide you to services and supports available in your community.

Toll Free: 1-855-462-5465 | ND 711 (TTY)

Contact Us

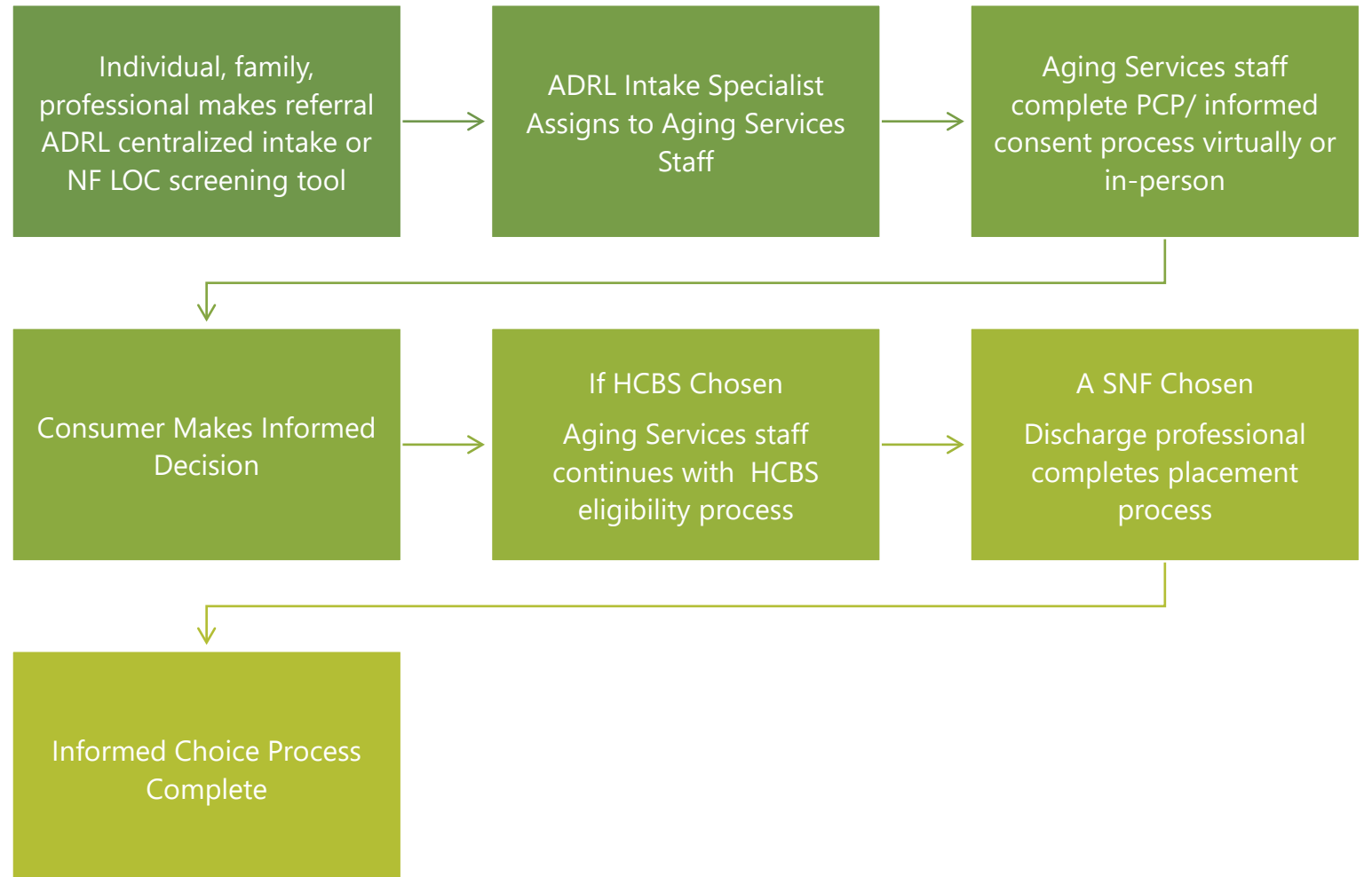
CAREGIVER SUPPORT

FIND A SERVICE

QUICK LINKS

CONTACT US

MEDICAID INFORMED CHOICE REFERRALS



Aging & Disability Resource Link

Toll-Free Aging & Disability Resource
LINK:

1-855-462-5465

E-mail: carechoice@nd.gov -

Website:

<https://carechoice.nd.assistguide.net>

ACCESSING SERVICES & SUPPORTS

**To find out more about any
program or to enroll as a provider**