Engrossed Senate Bill 2012
House Appropriations Human
Resources Committee
Representative Jon Nelson,
Chairman

Behavioral Health Division Pamela Sagness, Director







What is Behavioral Health?

A state of mental/emotional being and/or choices and actions that affect **WELLNESS**.



Depression is the leading cause of disability worldwide, and is a major contributor to the overall global burden of disease.

(World Health Organization, 2018)

Persons with behavioral health disorders die, on average, about 5 years earlier than persons without these disorders.

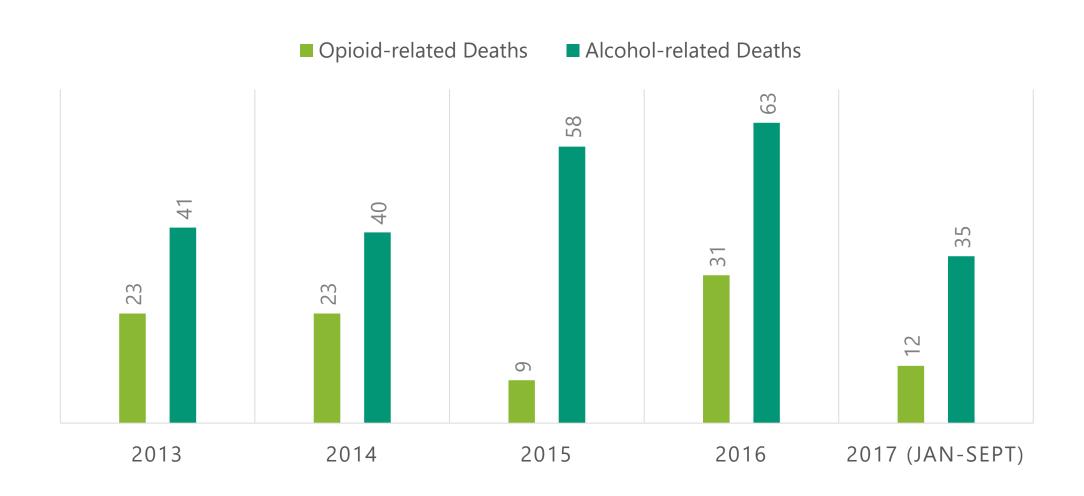


Persons with serious mental illness (SMI) are now dying 25 years earlier than the general population

Adults Age 18 and Older Past 30-Day Substance Use



Opioid and Alcohol Related Deaths (Cass County)



4% Serious mental illness

13% Other mental health condition

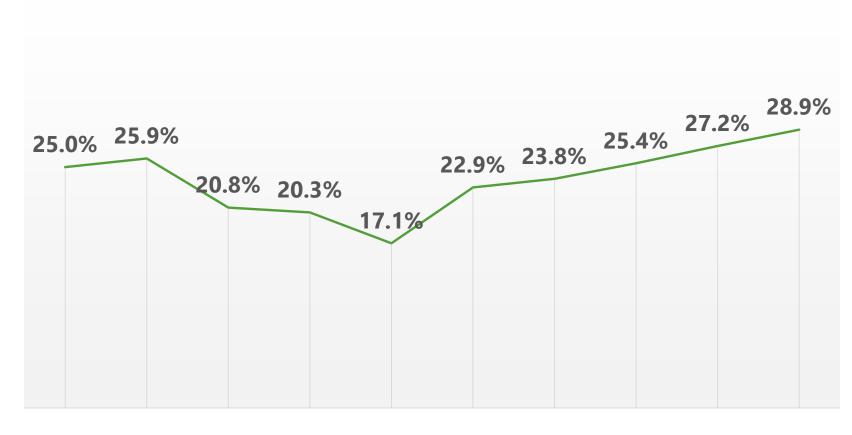
The estimated 83% of adults in North Dakota with no diagnosed mental health condition includes, among others, individuals with undiagnosed mental health challenges and individuals who could benefit from primary prevention and early intervention strategies.

83% No diagnosed mental health condition

North Dakota High School Students reported feeling sad or hopeless

(almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the last 12 months)

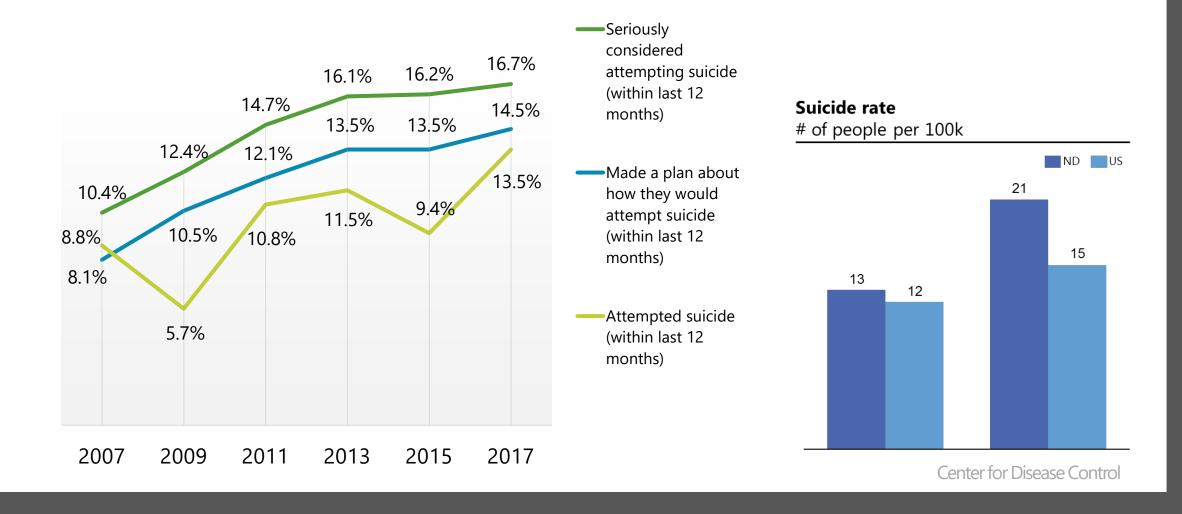
Youth Risk Behavior Survey



1999 2001 2003 2005 2007 2009 2011 2013 2015 2017

ND High School Students

Youth Risk Behavior Survey



SUICIDE AND MENTAL ILLNESS

Behavioral Health in North Dakota: Youth



ND Middle School Students



seriously thought about killing themself in their life.



tried to kill themselves at least once in their life. **ND High School Students**

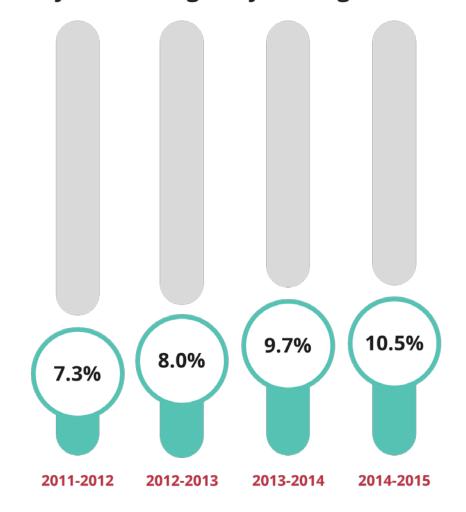


seriously considered attempting suicide in the past year.



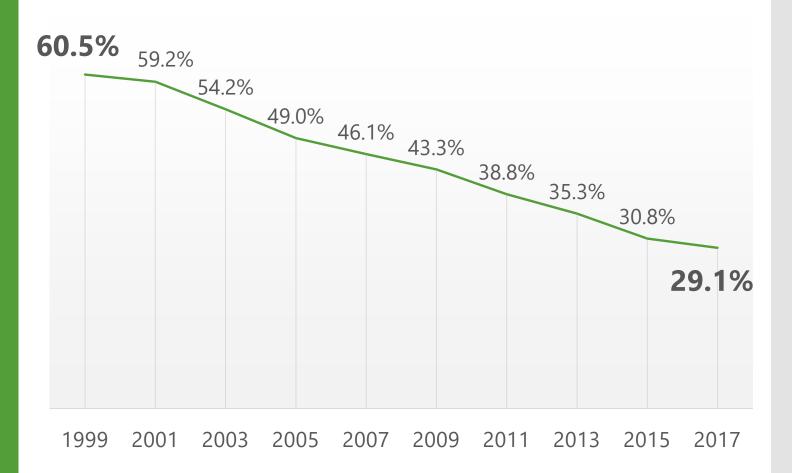
attempted suicide one or more times in the past year.

Major depressive episode in the past year, among ND youth age 12-17.

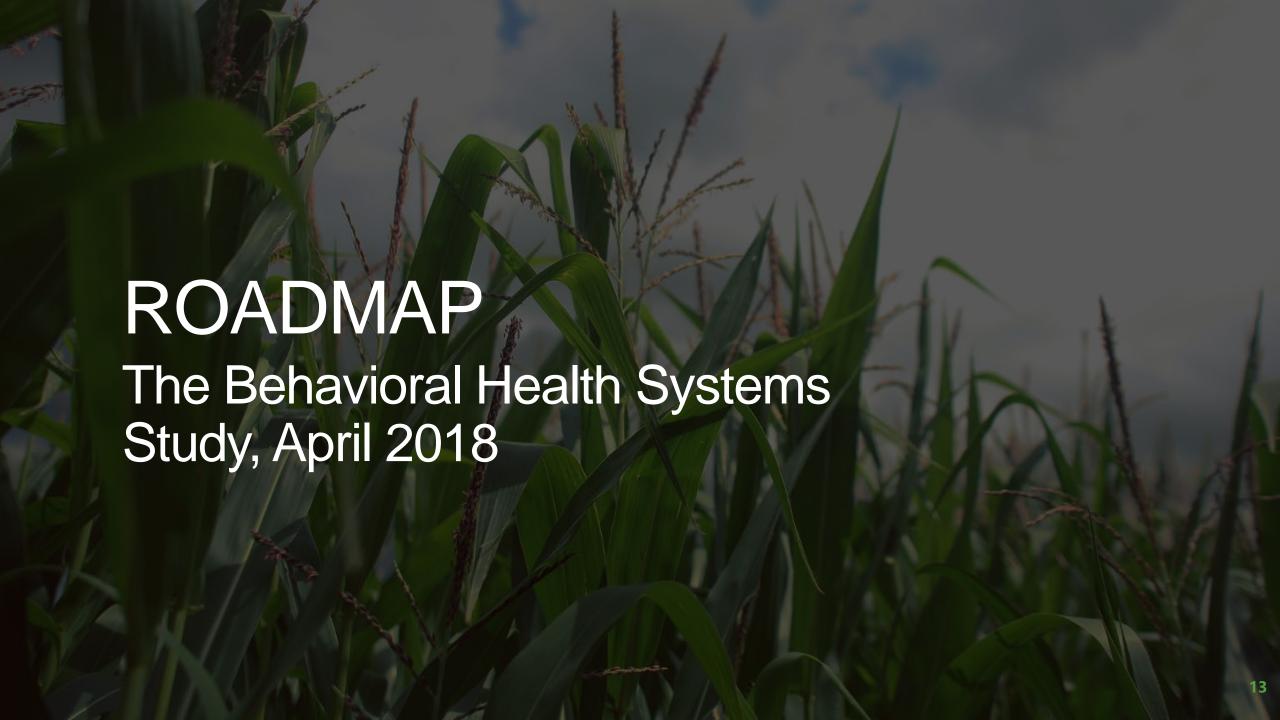


Current Alcohol Use (past 30 days) among North Dakota High School Students

Youth Risk Behavior Survey







North Dakota Behavioral Health System Study April 2018

"A well-functioning behavioral health system attends not only to the intensive needs of children, youth, and adults with serious mental health conditions and substance use disorders but also to the outpatient and community-based service and support needs of individuals, and, critically, to the social and emotional well-being of the majority of the population who have not been diagnosed with a behavioral health condition—especially children, youth, and young adults."

North Dakota Behavioral Health System Study



BEHAVIORAL HEALTH SYSTEM STUDY TIMELINE

1/1/2017 to 6/30/2018



Behavioral Health Division in contract with HSRI to conduct an in-depth review of North Dakota's behavioral health system.

Final report released April 2018

8/1/2018 to 6/30/2019



Behavioral Health Division in contract with HSRI to initiate and facilitate the implementation of a strategic plan based off the recommendations from the comprehensive study of ND's behavioral health system published April 2018.

APRIL 2018 BEHAVIORAL HEATLH SYSTEM STUDY

Served as a component of interim legislative committee studies during the 65th Legislative Interim. This report presents the findings from the North Dakota Comprehensive Behavioral Health Systems Analysis, conducted by the Human Services Research Institute (HSRI) for the North Dakota Department of Human Services' Behavioral Health Division.

The 250-page report provides more than 65 recommendations in 13 categories. This set of recommendations is intentionally broad and far-reaching; it is not expected, nor suggested, that stakeholders in North Dakota endeavor to implement all these recommendations at once.

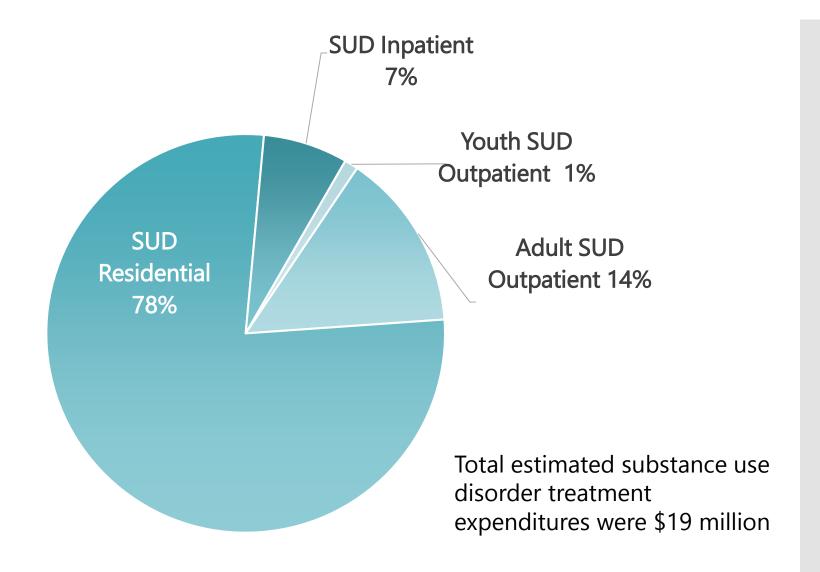
- 1. Develop a comprehensive implementation plan
- 2. Invest in prevention and early intervention
- 3. Ensure all North Dakotans have timely access to behavioral health services
- 4. Expand outpatient and community-based service array
- 5. Enhance and streamline system of care for children and youth
- Continue to implement/refine criminal justice strategy
- 7. Engage in targeted efforts to recruit/retain competent behavioral health workforce
- 8. Expand the use of tele-behavioral health
- Ensure the system reflects its values of person-centeredness, cultural competence, trauma-informed approaches
- 10. Encourage and support the efforts of communities to promote high-quality services
- 11. Partner with tribal nations to increase health equity
- 12. Diversify and enhance funding for behavioral health
- 13. Conduct ongoing, system-side data-driven monitoring of needs and access

North Dakota Behavioral Health System Study RECOMMENDATIONS

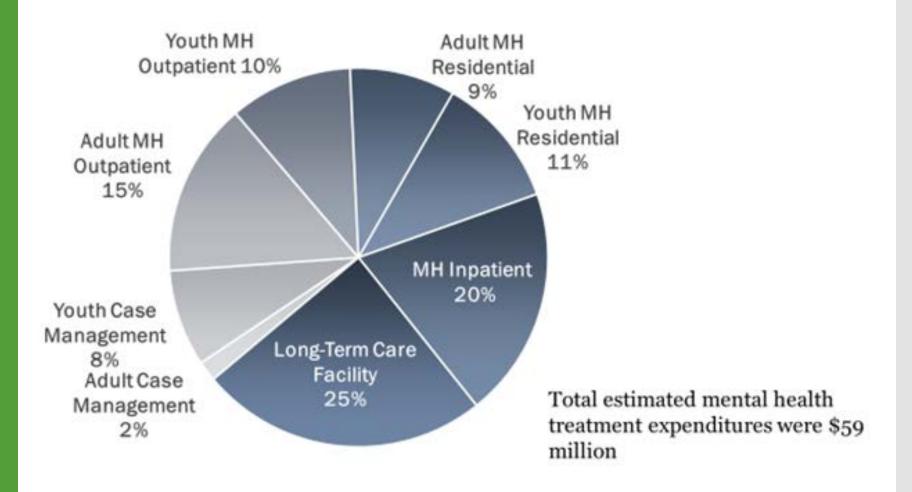
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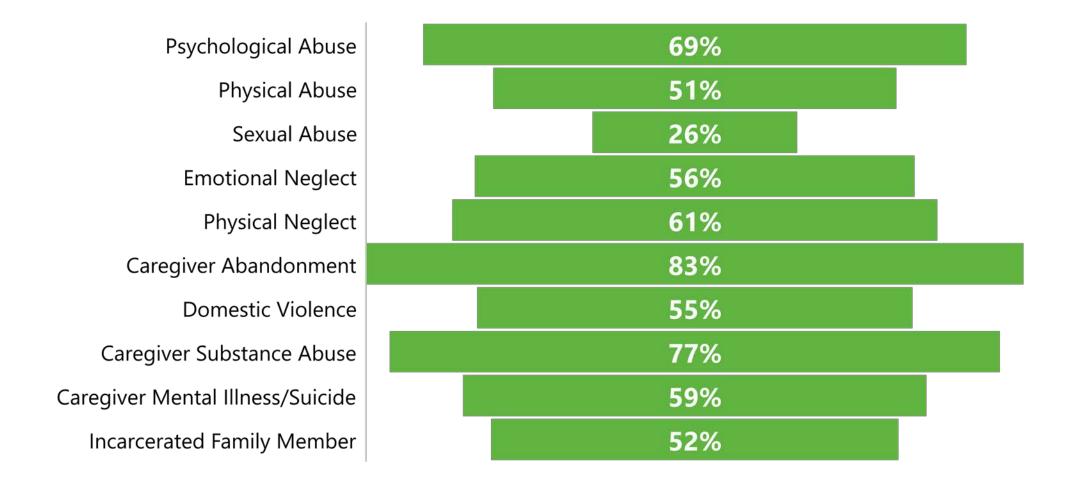
Residential and inpatient expenditures accounted for about 85% of substance use disorder treatment services in FY2017.



Residential, inpatient, and long-term care facility services accounted for a majority of mental health system treatment service expenditures in FY2017.



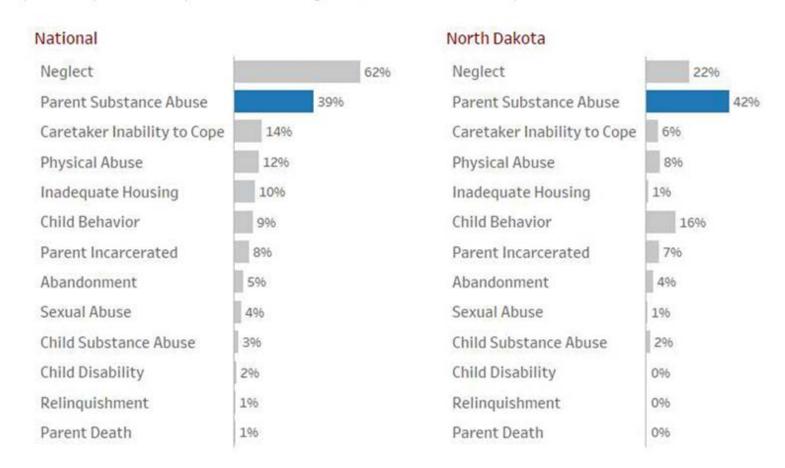
A high proportion of foster care children and youth admitted in 2016 and 2017 had indicated adverse childhood events.



42% of children removed from their home was because of parent substance abuse.

Removal reasons

Percent of children entering care for each removal reason (note: multiple reasons may be selected for a single child, Federal Fiscal Year 2017)



Meet Jessica.



Age 11

Diagnosed with ADHD and history of self injurious behavior.

Behavioral issues in school resulting in several referrals to the school resource officer leading to juvenile court involvement.

A year ago she successfully completed residential treatment.

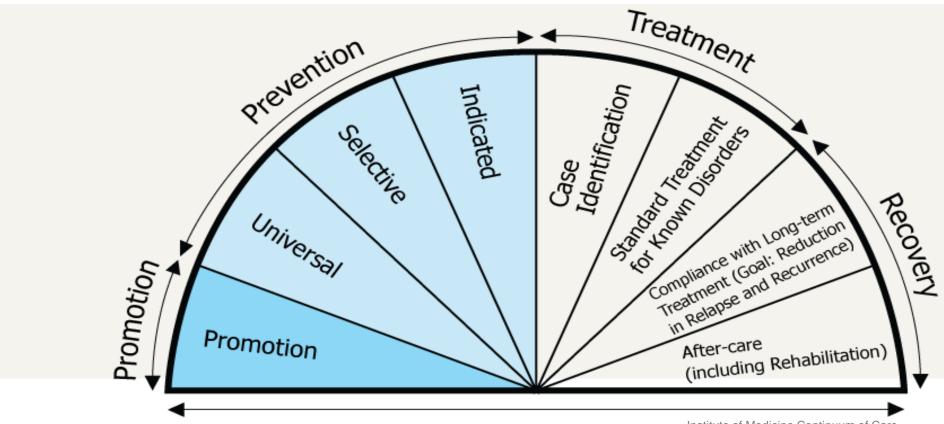
Recent loss of grandmother and suicidal ideation led to an emergency department visit.

The residential program she participated in before will not accept Jessica back because she "maximized benefit" from their program.

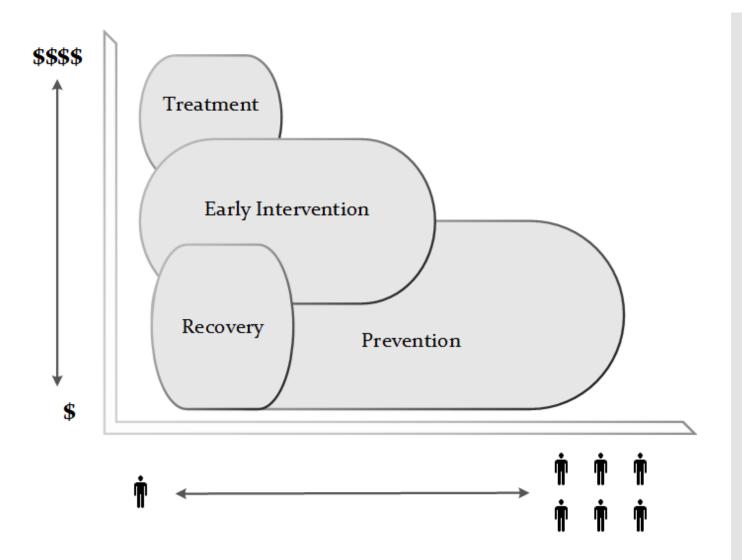
A program out of state will take Jessica but only if she is referred from social services & on ND Medicaid.

Behavioral Health Continuum of Care Model

The goal of this model is to ensure there is access to a full range of high quality services to meet the various needs of North Dakotans.



Return on Investment



Keys to Reforming North Dakota's Behavioral Health System



Support the full Continuum of Care



Increase Community-Based Services



Prevent Criminal
Justice Involvement
for Individuals with
a Behavioral Health
Condition

Meet Carlos.



Age 25

In prison due to probation revocation from a felony contact by bodily fluids offense

He has a severe methamphetamine use disorder and past diagnoses of ADHD, PTSD, and antisocial personality disorder.

Longest full-time employment is 1 year as a laborer

Received a GED from Job Corps

Has 4 children, ranging in age from 1-8 years

Grieving the loss of one of his children, which occurred while he was in prison



SB 2012 contains over \$20 million in additional general funds for behavioral health supports and investments

Behavioral Health Investments in SB 201	2
Medicaid Community-Based Supports	\$5.9 M
Behavioral Health Crisis Services	\$4.1 M
Free Through Recovery Expansion	\$4.5 M
Sustain Substance Use Disorder Voucher	\$3.1 M
SB 2026 Mental Health Voucher Program	\$1.1 M
Other Investments	\$2.3 M
ADDITIONAL GENERAL FUND (in DHS)	\$21 M

Note: numbers may not add due to rounding

Section 1: Appropriation Highlights for Behavioral Health Division

- Expand access to community-based behavioral health supports for adults and children through 1915i Medicaid State Plan Amendment
- Continue and meet the need for access to Substance Use Disorder Voucher services and supports
- Restore funding for Parents Lead prevention program
- Mental illness prevention program
- Develop a behavioral health recovery home grant program
- Implementation of the trauma-informed practices working group
- Suicide prevention program (transfer from Department of Health)

Expand access to community-based behavioral health supports for adults and children through 1915i Medicaid State Plan Amendment

Medical Services Budget

Purpose	Expand access to community-based recovery supports for Medicaid youth and adult enrollees who have a behavioral health condition and/or brain injury and currently are experiencing one or more of the following needsbased criteria: housing instability, intensive service utilization such as frequent emergency room (ER) visits, and/or criminal justice involvement.
Funding Request	\$5,453,475 general fund
FTE Request	3
Alignment with Behavioral Health System Study	HSRI Recommendations: 3, 4, 5, 9, 10, 11, 12, 13

Funding these community-based services and supports through Medicaid has the advantage of leveraging existing payor infrastructure while securing over 50% federal match for services.

Expand access to community-based behavioral health supports for adults and children through 1915i Medicaid State Plan Amendment

Medical Services Budget

- Housing supports
- Educational supports
- Employment supports
- Transition supports
- Peer supports
- Respite services

- In-home therapy
- Service coordination
- Family training and supports
- Non-medical transportation
- Customized goods and services

Funding these community-based services and supports through Medicaid has the advantage of leveraging existing payor infrastructure while securing over 50% federal match for services.

Continue and meet the current need for access to Substance Use Disorder (SUD) Voucher services and supports

Purpose	Continue and meet the current needs of individuals with a Substance Use Disorder in need of treatment and recovery services.
Funding Request	\$8,425,211
FTE Request	2 BEHAVIORAL HEALTH

Alignment with Behavioral Health System Study

HSRI Recommendations: 3, 4, 9, 10, 11, 12, and 13



Restore funding for Parents Lead prevention program

Purpose	Ensure access to adequate prevention and early intervention services along the continuum of care.	
Funding Request	\$360,000	
FTE Request	0	PAREN
Alianment with		ABOUT

Alignment with Behavioral Health System Study

HSRI Recommendations: 2, 3, 5, 9, 10, 11, 12, and 13



Mental Illness Prevention

Purpose	Implement mental illness prevention and early intervention efforts.
Funding Request	\$600,000
FTE Request	0
Alignment with Behavioral Health System Study	HSRI Recommendations: 2, 3, 5, 9, 10, 11, 12, and 13

Develop a behavioral health recovery home grant program

Purpose	Develop a Recovery Home Grant Program to address significant gaps in access to recovery housing. In many regions of the state, there are no recovery homes. In the regions where recovery homes are present, they are not currently meeting the need and often do not provide service to those most in need. This strategy addresses housing needs alongside behavioral health needs – funding to assist in the development of these recovery housing opportunities.
Funding Request	\$200,000
FTE Request	0
Alignment with Behavioral Health System Study	HSRI Recommendations: 4, 6, 9, 10, 11, 12, and 13

Implementation of the trauma-informed practices working group

Purpose	Implement a network of clinicians whose mission is to implement, evaluate, and sustain the practice of evidence-based mental health treatments for children who have experienced traumatic life events.
Funding Request	\$200,000
FTE Request	0
Alignment with Behavioral Health System Study	HSRI Recommendations: 4, 5, 7, 9, 10, and 13

Suicide prevention program (transfer from Department of Health)

Purpose	Enhance suicide prevention efforts and integrate suicide prevention efforts with behavioral health efforts being implemented across the continuum of care.
Funding Request	\$1,260,512
FTE Request	1
Alignment with Behavioral Health System Study	HSRI Recommendations: 2, 3, 4, 5, 9, 10, 11, 12, and 13

Section 3: Peer Support Certification

Purpose	Develop and implement a peer support specialist certification process in order for the service to be reimbursable through public and third-party insurers.
Funding Request	\$275,000
FTE Request	1

Alignment with Behavioral Health System Study

HSRI Recommendations: 3, 4, 9, 10, 11, 12, 13



Expand access to community-based behavioral health supports through Medicaid-funded Peer Support

Medical Services Budget

Purpose	Provide funding for North Dakota Medicaid coverage for peer support for Medicaid-eligible individuals with substance use disorders (SUD), serious mental illness (SMI) and/or traumatic brain injury (TBI).				
Funding Request	\$432,287 general fund				
FTE Request	0.5				
Alignment with Behavioral Health System Study	HSRI Recommendations: 3, 4, 9, 10, 11, 12, 13				

Section 4: Community Behavioral Health Program

System Study

Purpose	Develop a "Free Through Recovery" program to support individuals outside of the criminal justice system with a behavioral health condition who display concerns/challenges in areas of daily living.
Funding Request	\$4,500,000
FTE Request	6
Alignment with Behavioral Health	HSRI Recommendations: 3, 4, 6, 9, 10, 11,12, and 13

Section 12: Mental Health Voucher

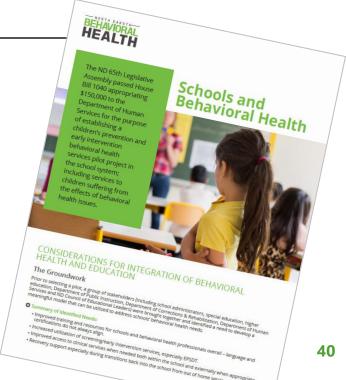
Purpose	Develop a Mental Health Voucher to address gaps in the state's mental health system. Vouchers may be used for individuals between 17 and 25 years of age with a serious emotional disturbance or serious mental illness.					
Funding Request	\$1,050,000					
FTE Request	1					
Alignment with Behavioral Health System Study	HSRI Recommendations: 3, 4, 6, 5, 9, 10, 11, 12, and 13					

Section 13: School Behavioral Health Program

Purpose	Continue support for the school system selected during the 2017-2019 biennium as well as expand to a rural and tribal school.
Funding Request	\$300,000
FTE Request	O BENAVIOR HEALT
	The ND co.

Alignment with Behavioral Health System Study

HSRI Recommendations: 2, 3, 4, 5, 9, 10, 11, and 13



Section 23: Process and Outcome Measures

Behavioral health service providers that receive funding from the department of human services shall submit process and outcome measures to the department of human services for programs and services supported by state funding during the biennium beginning July 1, 2019 and ending June 30, 2021.

Section 30: Sustain Human Services Research Institute Behavioral Health Study implementation support

Purpose	Continue coordinated implementation of the 13 recommendations published in the North Dakota Behavioral Health System Study.
Funding Request	\$300,000
FTE Request	O No Bell Syst
Alignment with Behavioral Health System Study	HSRI Recommendations: ALL

Behavioral Health Matrix

2/17/2019

2019 Legislative Session - Behavioral Health Bills

Behavioral Health	SB 201	2		Governor's Executive Budo	iet				Bills				
Continuum	Description	FTE	Funding		FTE	Funding Request	CURRENT SENATE	Bill	Description	FTE	Funding	PROGRESS	HSRI Recommendations
Undetermined								SB 2026	MH voucher	1	\$1,050,000 general fund	in SB2012 (\$1,050,000 + 1 FTE)	3, 4, 12
Prevention								SB 2028	Behavioral health prevention and early intervention services		\$600,000 general fund	in SB2012 (\$300,000 for MH)	2, 3, 10, 11, 12, 13
Recovery	DOCR original Free Through Recovery			Community behavioral health program expansion (FTR)	6	\$4,500,000 general fund	same	SB 2029	Community behavioral health program expansion (FTR)	6	\$5,250,000 general fund; \$1,750,000 other funds	in SB2012 (\$4,500,000 + 6 FTE)	3, 4, 6, 9, 10, 11, 12, 13
Full Continuum	Workforce Development	0	\$0	Continued implementation of the HSRI study		\$300,000 general fund	same	SB 2030	Continued implementation of the HSRI study	1.5	\$408,000 general fund	in SB2012 (\$300,000)	1, 13
Recovery				Peer support certification	1	\$275,000 general fund	same	SB 2032	Peer support certification	1	\$275,000 general fund; \$275,000 other funds	in SB2012 (\$275,000 + 1 FTE)	3, 4, 9, 10, 11, 12, 13
Treatment Recovery	Targeted case management	0	\$0	Targeted case management (all providers)			same	SB 2031	Targeted case management (all providers)	1	\$12,196,834 general fund; \$12,196,834 other funds		3, 4, 5, 10, 11, 12, 13
Recovery				Access Medicaid funding for peer support services	0.5	\$432,287 general fund	same						3, 4, 9, 10, 11, 12, 13
Prevention Early Intervention	School behavioral health program	0	\$0	School behavioral health program		\$300,000 general fund	same						2, 3, 4, 5, 9, 10, 11, 13
Recovery				1915i Medicaid plan amendment	3	\$2,553,475 general fund; \$3,844,919 other funds	added SB2298						3, 4, 9, 10, 11, 12, 13
Treatment Recovery	Substance Use Disorder (SUD) voucher program BASE		\$3,314,295 general fund; \$1,779,159 other funds (tobacco)	Substance Use Disorder (SUD) voucher program funding expansion	2	\$3,053,523 general fund	added SB2175	HB 1105	Relating to treatment services for children with serious emotional disorders and the substance use disorder treatment voucher system.	0	0	PASSED HOUSE	3, 4, 9, 10, 11, 12, 13
,			.,,					SB 2175	Relating to the substance use disorder treatment voucher system.	0	\$175,091 general fund	in SB2012 (\$175,091)	
Prevention	Parents Lead BASE		\$100,000 general fund	Restore Parents Lead program		\$100,000 general fund	\$260,000 general fund						2, 5, 9, 10, 11, 12, 13
Recovery				Recovery home grant program		\$200,000 general fund	same						3, 4, 9, 10, 11, 12, 13
Prevention Early Intervention	DOH Suicide prevention program			Suicide prevention program	1	\$1,260,512 general fund	same	SB 2198	Relating to duties of the department of human services behavioral health division.	0	0	PASSED SENATE	2, 3, 4, 5, 9, 10, 11, 13
Treatment				Expand crisis services capacity across regions to meet statutory requirements	27	\$4,275,000	same						3, 4, 9, 10, 11, 12, 13
Treatment	Maintain funding for behavioral health-related FTE positions at the regional HSCs	7	\$1,120,973	Maintain funding for behavioral health-related FTE positions at the regional HSCs	7	\$1,120,973							3, 4, 9, 10, 12, 13
Treatment								HB 1100	Relating to fees charged by the behavioral health division	0	0	PASSED HOUSE	
Treatment								HB 1103	Relating to licensure of an opioid treatment medication unit and fees	0	o	PASSED HOUSE	3, 4, 9, 10, 11, 13
Prevention								HB 1237	Relating to child sexual abuse education in schools.	0	0	PASSED HOUSE	5
Prevention								HB 1442	Relating to requiring reasonable suspicion for certain traffic stops	0	0	PASSED HOUSE	
								SB 2052	Relating to school district safety plans	0	0	PASSED SENATE	5
Early Intervention								SB 2114	Relating to the penalty for individuals under twenty-one years of age using alcoholic beverages or entering licensed premises; and to provide a penalty	0	o	PASSED SENATE	2, 3, 4, 5, 7, 9, 10, 11
Prevention Early Intervention								SB 2149	Relating to mandatory instruction for students in mental health awareness and suicide prevention	0	0	PASSED SENATE	2, 5
Full Continuum								SB 2204	Relating to establishing a commission on children's health and well-being	0	0	FAILED SENATE (in SB 2313)	
Treatment								SB 2240	Relating to references to substance abuse disorders.	0	0	PASSED SENATE	9
								SB 2266	Relating to the adoption of a restraint and seclusion policy by school districts, the prohibition of seclusion	0	\$500,000 foundation aid stabilization fund	FAILED SENATE	5
Treatment								SB 2291	Relating to creation of a trauma-informed practices working group	0	\$200,000 general fund	in SB2012 (\$200,000)	3, 4, 5, 7, 9
Recovery								SB 2298	1915i Medicaid state plan amendment for youth.	2	\$2,900,000 general fund; \$1,400,000 other funds	in SB2012	3, 4, 5, 9, 10, 11, 12, 13
Undetermined								SB 2300	Provide grants to school districts for student behavioral health needs.	0	\$1,300,000 feneral fund	PASSED SENATE	
Early Intervention Treatment Recovery								SB 2313	Relating to duties of the department of human services and creation of a children's commission	0	o	PASSED SENATE	3, 4, 5, 9, 10, 11, 13
								SCR 4004	studying the impact of violent, disruptive, and inappropriate behavior within the educational environment	0	0	PASSED SENATE	

DHS Base Budget

OARs
Interim-Committee Bills

Other Bills



The Behavioral Health Division is a policy division, with responsibilities outlined in NDCC 50-06-01.4



Reviewing and identifying service needs and activities in the state's behavioral health system in an effort to:

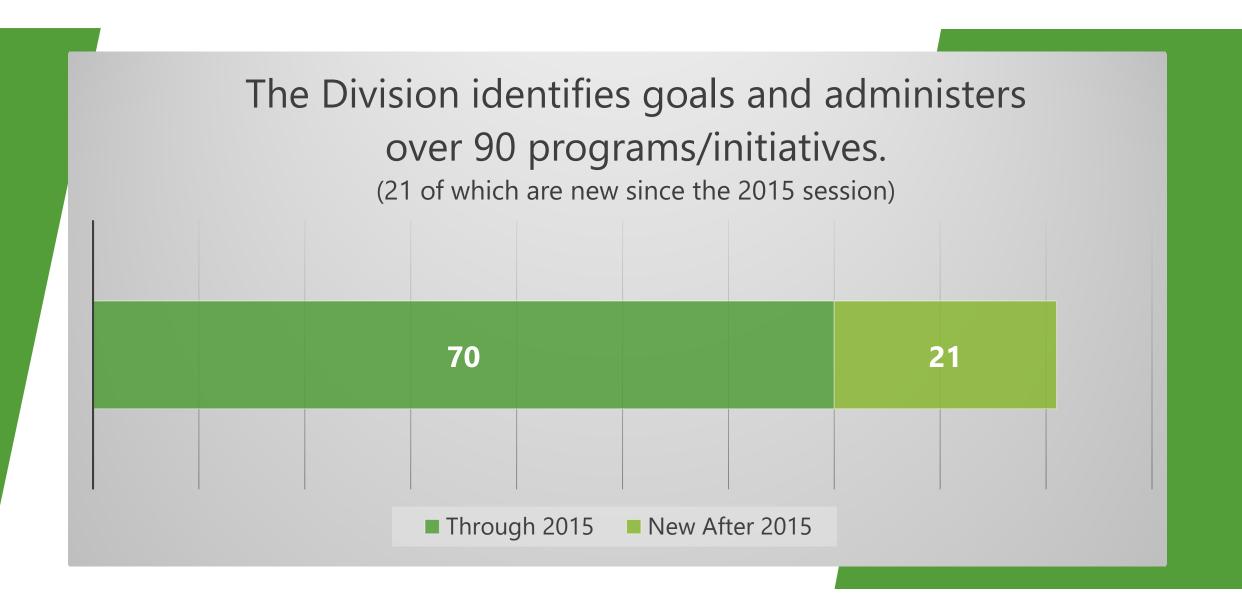
- · ensure health and safety,
- · access to services, and
- quality services.



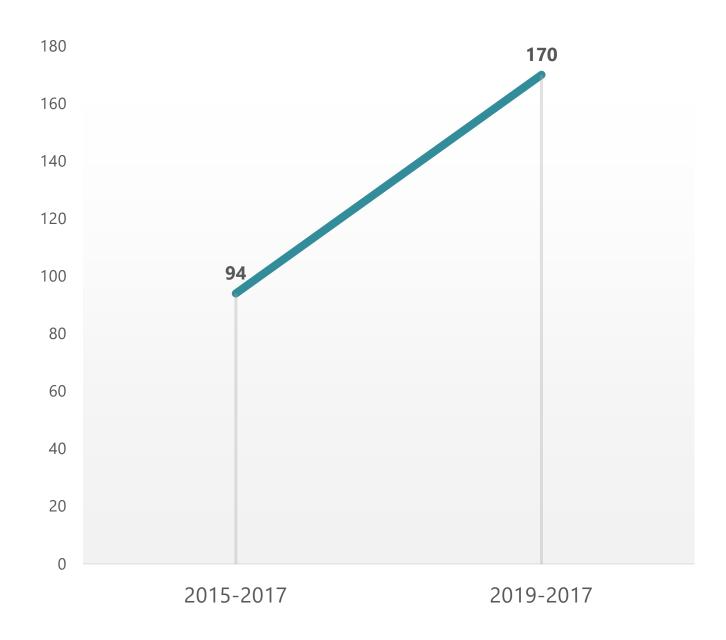
Establishing quality assurance standards for the licensure of substance use disorder program services and facilities



Providing policy leadership in partnership with public and private entities



The Division saw a 81% increase in the number of contracts from the 2015-2017 biennium to the current 2017-2019 biennium.



COMMUNITY BEHAVIORAL HEALTH PROMOTION



1. Increase implementation of effective prevention statewide^{2/3/10}



2. Decrease underage drinking²



3. Decrease adult binge drinking and related consequences²



4. Decrease opioid misuse and overdose²



5. Develop early intervention capacity^{2/3}

Community and Tribal Efforts

Training and Technical Assistance
(Substance Abuse Prevention and Treatment Block Grant)

Youth Tobacco Enforcement (Synar)

Early Intervention (MIP/DUI)

Parents Lead

Statewide Campaigns (Stop Overdose, Lock. Monitor. Take Back, Speak Volumes)

CHILDREN'S BEHAVIORAL HEALTH



 Increase capacity for community-based services^{3/4/8/10}



2. Improve family-driven services and supports⁵



3. Develop early intervention capacity^{2/3}



4. Improve access to quality services¹⁰



5. Partner with schools to support children's behavioral health across the continuum⁵



6. Develop diversion capacity and support individuals in juvenile justice⁶

Adolescent Residential Treatment
(Substance Abuse Prevention and Treatment Block Grant)

Regulation of Youth Residential Psychiatric Facilities (PRTF)

Prevention of Out-of-Home Placement for Children (Voluntary Treatment Program [VTP])

Behavioral Health and Education (Children's Prevention and Early Intervention School Behavioral Health Pilot)

Children with Serious Emotional Disturbance Programs (Mental Health Block Grant)

Systems for Individuals with a First Episode of Psychosis (Mental Health Block Grant)

ADDICTION PROGRAM AND POLICY





2. Develop and enhance recovery support services⁴



3. Develop early intervention capacity^{2/3}



4. Stop shame and stigma surrounding addiction¹⁰



5. Develop diversion capacity and support individuals with substance use disorder in the justice system⁶

Peer Support

Free Through Recovery

Military and Behavioral Health

Pregnant and Parenting Women Treatment Programming (Substance Abuse Prevention and Treatment Block Grant)

Tribal Treatment and Recovery Supports (Substance Abuse Prevention and Treatment Block Grant)

Medication Assisted Treatment (Opioid Treatment Programs)

Withdrawal Management

Recovery Supports

Substance Use Disorder (SUD) Voucher Payment System

Regulation of Substance Use Disorder Treatment Facilities

MENTAL HEALTH PROGRAM AND POLICY











5. Develop diversion capacity and support individuals with mental illness in the justice system⁶

Adult Mental Health Programs (Mental Health Block Grant)

Peer Support

Free Through Recovery

Military and Behavioral Health

Mental Illness and Homelessness (PATH Grant)

Brain Injury Programs

Problem Gambling Programs

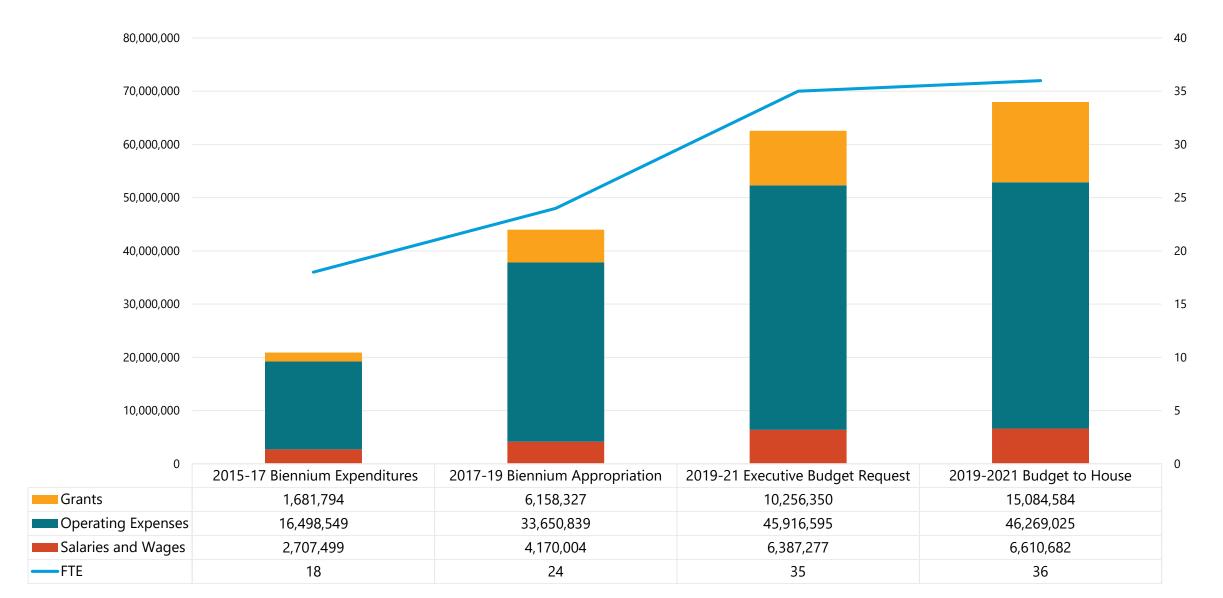
Disaster Crisis Counseling



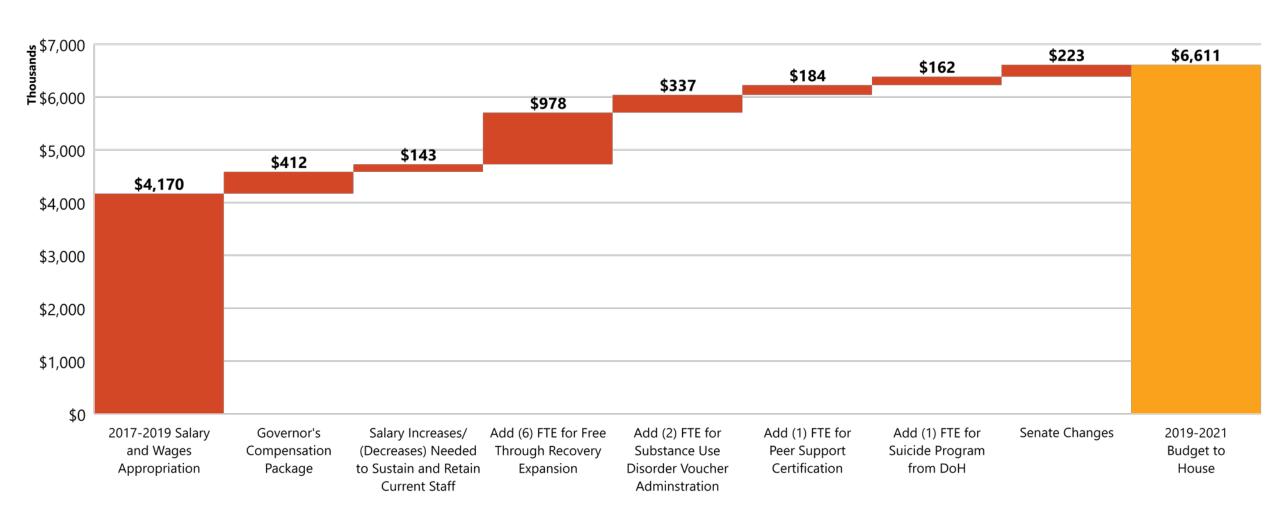
OVERVIEW OF BUDGET CHANGES

Description	2017-2019 Budget	Increase/ (Decrease)	2019-2021 Executive Budget	Senate Changes	2019-2021 Budget to House		
Salary and Wages	4,170,004	2,217,272	6,387,276	223,406	6,610,682		
Operating	33,650,839	12,265,756	45,916,595	352,430	46,269,025		
Grants	6,158,327	4,098,023	10,256,350	4,828,234	15,084,584		
Total	43,979,170	18,581,051	62,560,221	5,404,070	67,964,291		
General Fund	8,125,381	12,251,198	20,376,579	2,253,420	22,629,999		
Federal Funds	26,366,830	8,115,958	34,482,788	3,162,092	37,644,880		
Other Funds	9,486,959	(1,786,105)	7,700,854	(11,442)	7,689,412		
Total	43,979,170	18,581,051	62,560,221	5,404,070	67,964,291		
Full Time Equivalent (FTE)	24.00	11.00	35.00	1.00	36.00		

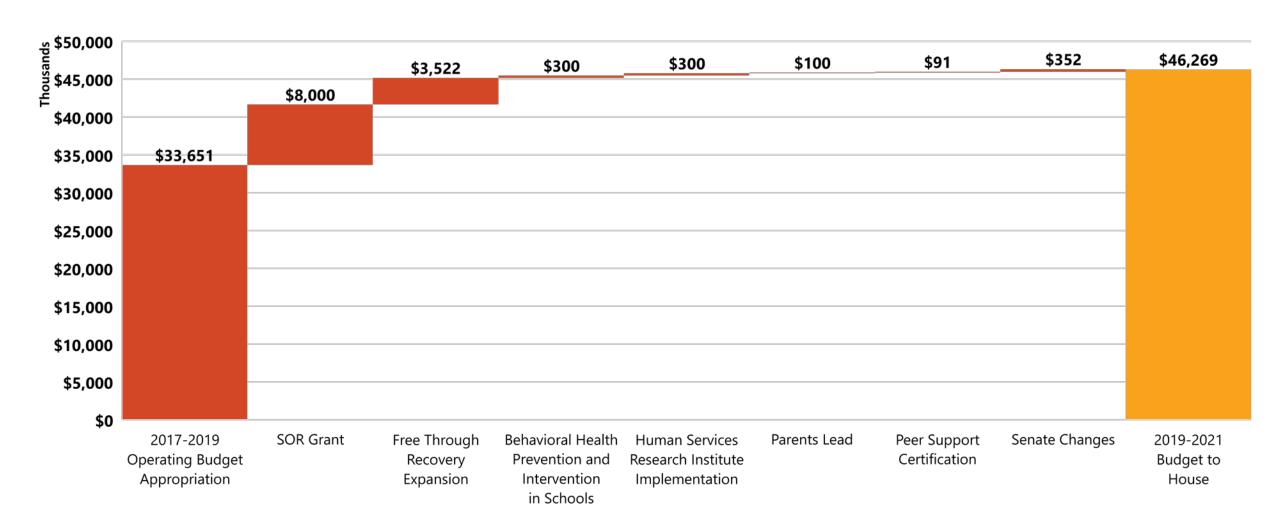
OVERVIEW OF BUDGET CHANGES



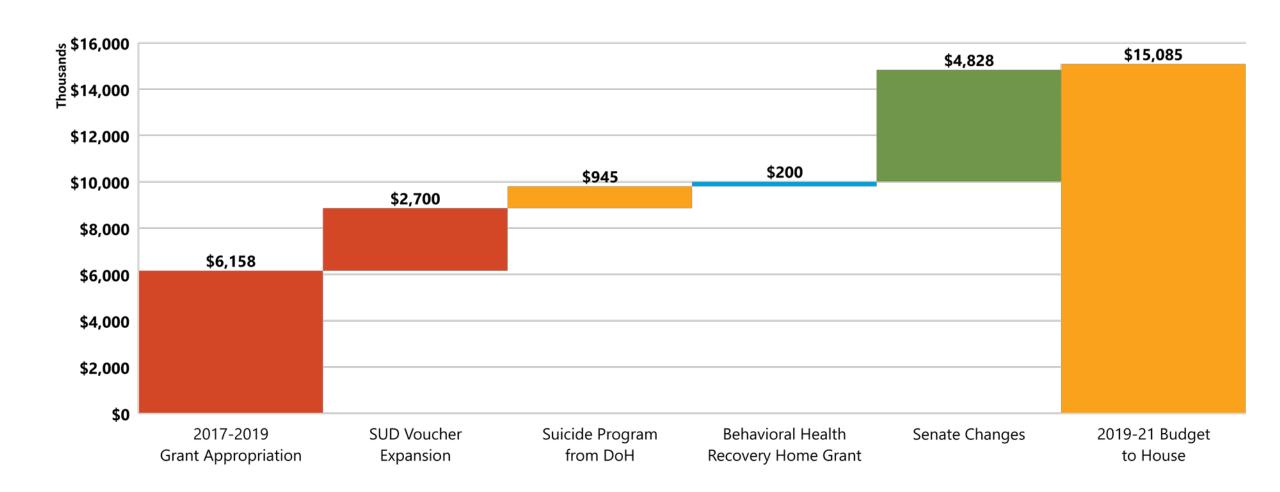
MAJOR SALARY AND WAGES DIFFERENCES



MAJOR OPERATING DIFFERENCES



MAJOR GRANT DIFFERENCES



OVERVIEW OF FUNDING SOURCES

