



Fact Sheet: Life Skills & Transition Center

October 2017

Mission/Vision

- Provide quality, efficient, and effective human services, which improve the lives of people.
- Support people with intellectual and developmental disabilities to be viable members of their communities by providing specialized services when their needs exceed community resources.

Who we are

- The Life Skills and Transition Center (LSTC) is a state-operated, comprehensive support agency serving people with intellectual and developmental disabilities.
- It has been accredited by the Council since 1989.
- LSTC clients may reside on the campus, in supported living arrangements in the community of Grafton, or in communities across the state.
- The campus serves as a safety-net for people whose needs exceed community resources.
- Off-campus outreach and consultation services are provided statewide to help people remain in their communities and homes and to prevent admissions.

LSTC Staffing (in FTE)	
Direct Care	186.28
Clinical/Professional	32.36
Outreach Services	32.04
Food Service	28.00
Plant Services	22.60
Nurses	19.87
Program Coordination	8.29
Administrative	8.50
Psychology	2.00
Total FTE	339.94

Services Provided

Residential Services – 24-hour comprehensive services and supports, including medical and clinical programming, are provided to people with intellectual and developmental disabilities who require skilled nursing services or need behavioral health services due to co-occurring psychiatric diagnoses and challenging behaviors, youth with intellectual disabilities who have difficulty finding housing and services in the community and who are in transition to community settings, and adults with developmental and intellectual disabilities who have sexual offending behaviors (secure services program).

- Services are outcome-based and guided by each person's preferences and individual needs.
- People can live alone or with a roommate, and can participate in community activities and organizations.
- Transportation is available through shuttle or vehicle scheduling.

Vocational Services

- The *Work Activity Program* serves individuals at work sites on the campus and in the community. Work and activities are focused on each resident's particular need and interests and whenever possible integrate people into community work sites.

Outreach Services

- *Independent Supported Living Arrangement Program* (ISLA) – LSTC staff support individuals in local community housing so they can live independently.
- *CARES Clinic* assures that people with disabilities living in the community in the Grafton region have local access to physical, occupational, and speech therapy services, adaptive equipment services, dental and medical services provided by the LSTC without having to travel to Grand Forks. The clinic served 220 people in 2016.

FACT: From 2000 to 2017, the number of adults residing on campus dropped from 149 to 53.

FACT: The Center also serves 11 people in the community and 16 youth in a transition program who are waiting for community placement.



Outreach Services (continued)

- *Clinical Assistance, Resources, and Evaluation Service (CARES) Program* – A team of specialists including clinical staff and direct support staff provide consultation services and in-home and on-site supports in the community to prevent admissions and readmissions and to assist in transitioning people from the LSTC. In 2016, the team served 24 people through 136 service encounters, including phone and in-person consultations with the CARES team and psychology services, and in-home crisis supports by direct care staff.
- *Intellectual Disabilities Behavioral Health Service* – This is a team of applied behavioral analysts who deliver behavioral assessment and intervention services to people with intellectual and developmental disabilities throughout North Dakota.

Transitions

- In 2005, the Department of Human Services executive director convened a task force to prepare a plan in response to the mandate in House Bill 1012, Section 16, to transfer appropriate center residents to community settings.
- The center's superintendent chairs the task force, which includes other department staff, developmental disabilities services providers, and advocates.
- A CARES team of specialists established in 2009 continues to provide consultation and services to help people remain in the community.

	June 1, 2017
Adults on campus	53
Youth on campus	16
Home and community-based services clients (waiver services)	11
TOTAL	80

Campus Facilities

- The LSTC campus buildings are used for residential living and programming, administration and support, and leased building space.
- Total square footage on campus is 1,323,511 with 801,253 square feet of pedestrian tunnels.

Other Building Space

The LSTC provides space to the following entities:

- Midway Building (Domestic Violence and Abuse Center)
- Health Services Building (Part of first floor leased for Veterans Clinic)
- Professional Services Building (N.D. Department of Transportation, Community Health Services and the N.D. Securities Department lease space. DHS Economic Assistance Division has an office.)
- Prairie View Building (DHS Northeast Human Service Center uses space. Grand Forks Public Schools for Walsh County Head Start, Jellybean Daycare, Kids Express, and Data Dynamics lease space.)
- Sunset Building (Anne Carlsen Center and Catholic Charities lease space. Protection and Advocacy of ND uses space.)
- Cottage 1 and Cottage 3 (Leased to private individuals who are supported by providers)
- Cottage 6 (Leased to ISLA consumers)

Unused and Underutilized Buildings

- The New Horizons Building and two residential living areas in Cedar Grove are vacant.
- The Prairie View building and third floor of the Professional Services Building are underutilized.

Buildings Sold

- North A and North B (Sold to Metro Plains and converted to private apartment in 1999)
- Buildings north of School Road (Sold to Grafton Park Board in 2011)

Buildings Proposed to be Demolished

- The demolition of Pleasant View and Refectory buildings has been postponed.

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