

The mission of Free Through Recovery (FTR) is to improve healthcare outcomes and reduce recidivism by delivering high-quality community behavioral health services linked with community supervision. FTR began accepting referrals on January 10 and services began on February 1, 2018.

1. Since January 10, 2018 there have been¹:



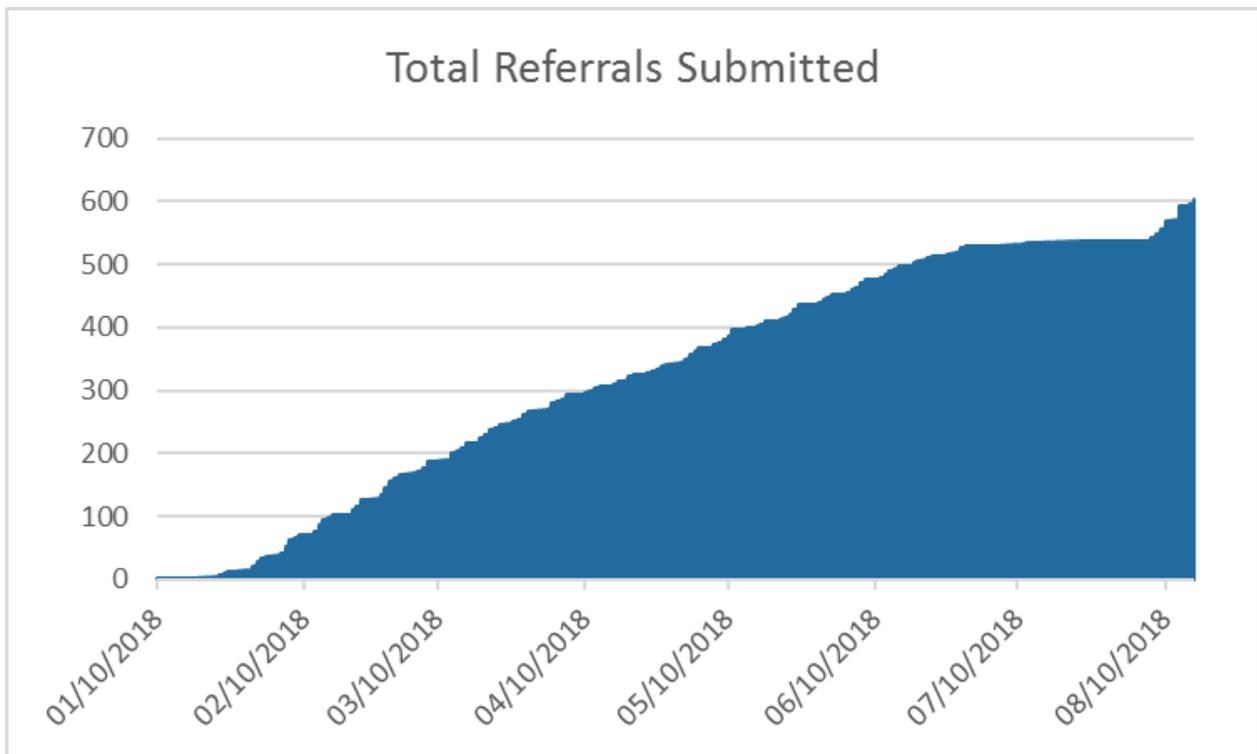
595 referrals (Includes 95 discharges)



448 participants



796 total program capacity

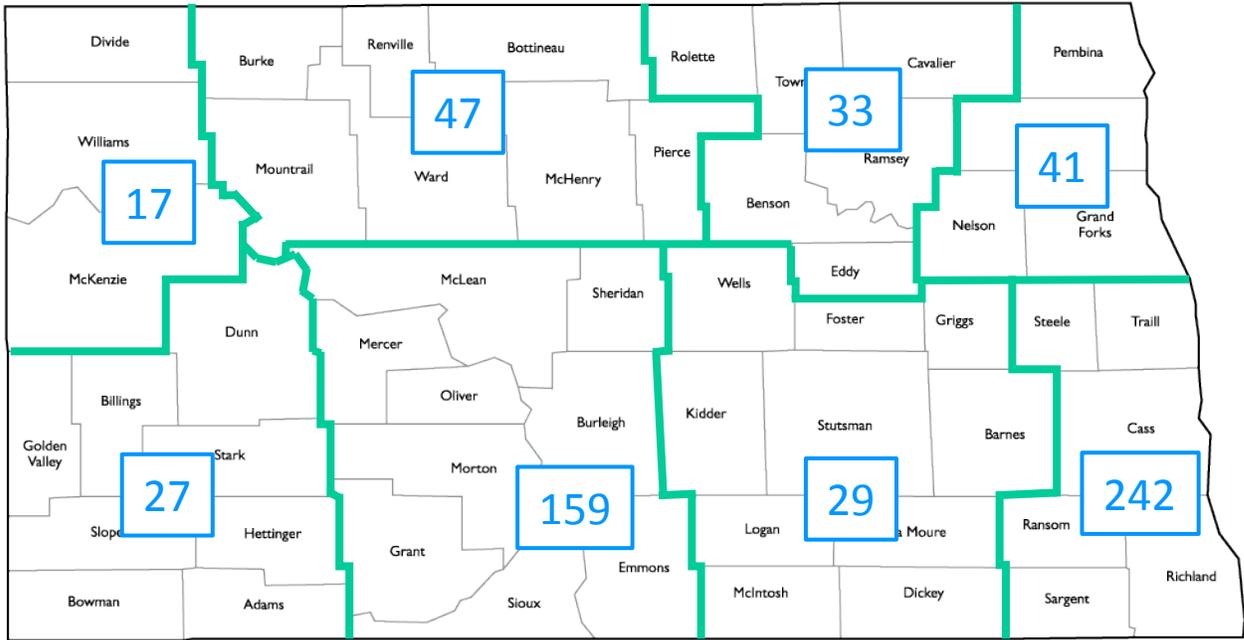


*Includes total number of discharges

¹ Data through August 15, 2018

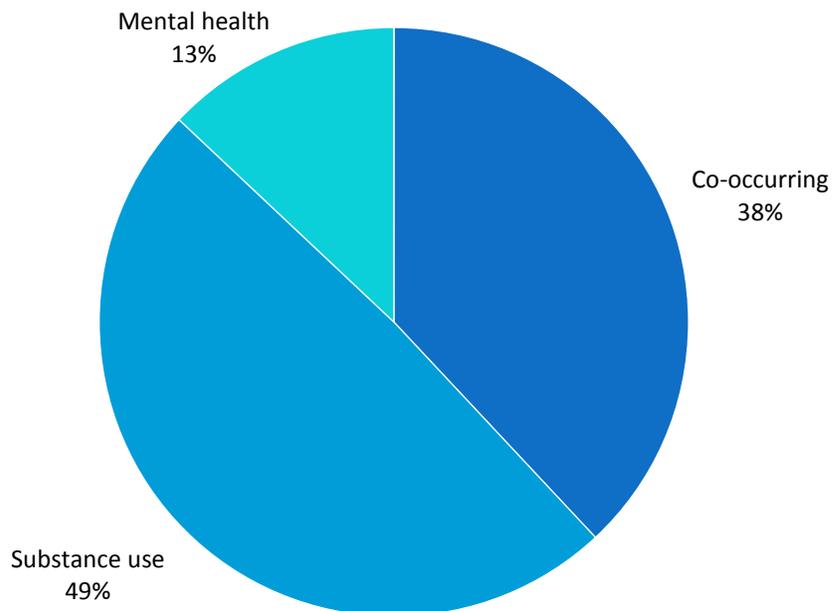
2. The majority of people referred to the program come from the Fargo area (41%), followed by Bismarck (27%).

Referrals by Region

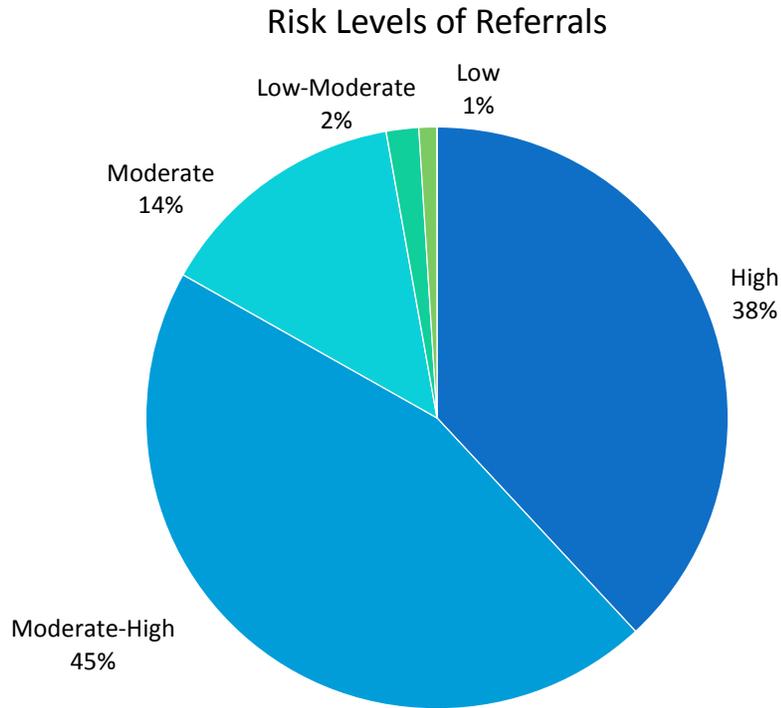


3. FTR is addressing a variety of behavioral health needs, including substance use disorder, mental illness, and co-occurring substance use/mental health disorders. Of the 448 participants in FTR, 170 of them have co-occurring disorders.

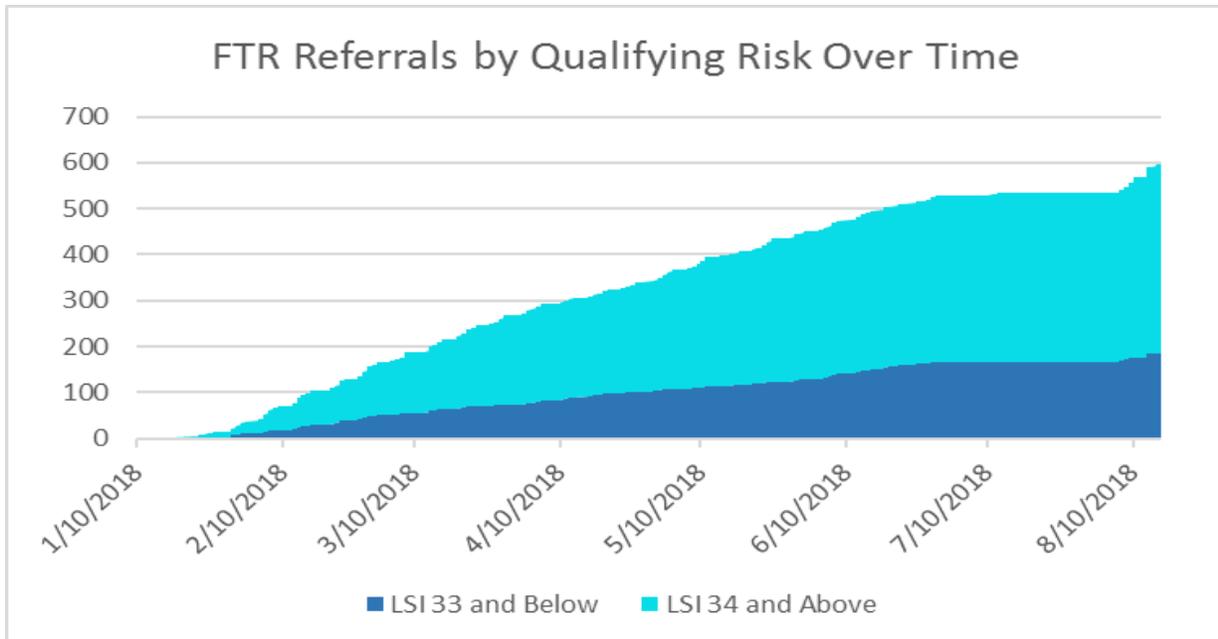
FTR Admissions by Behavioral Health Need



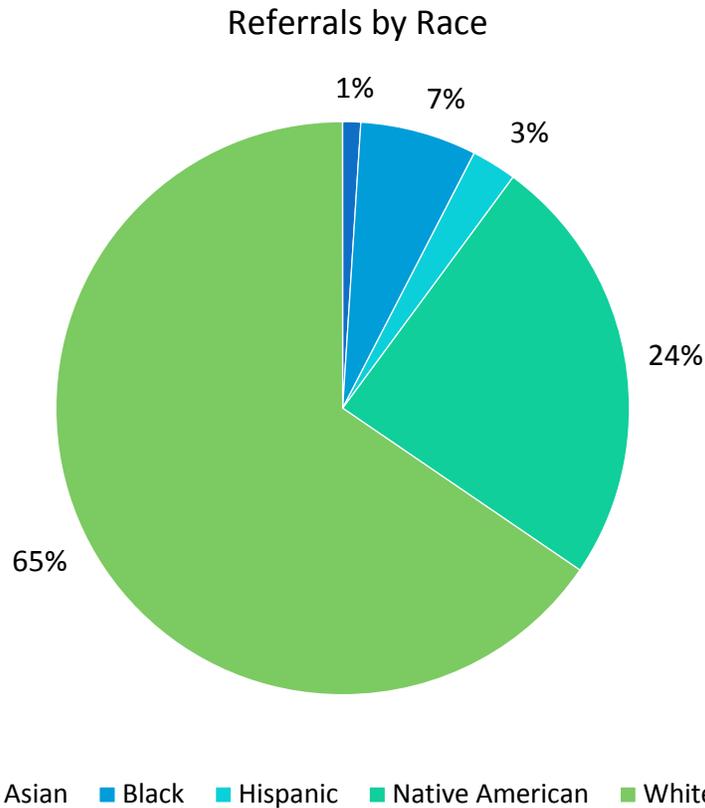
4. FTR is designed to serve people in the criminal justice system at moderate-to-high risk of committing new crimes. The majority of referrals to FTR are for people who fit into these categories.



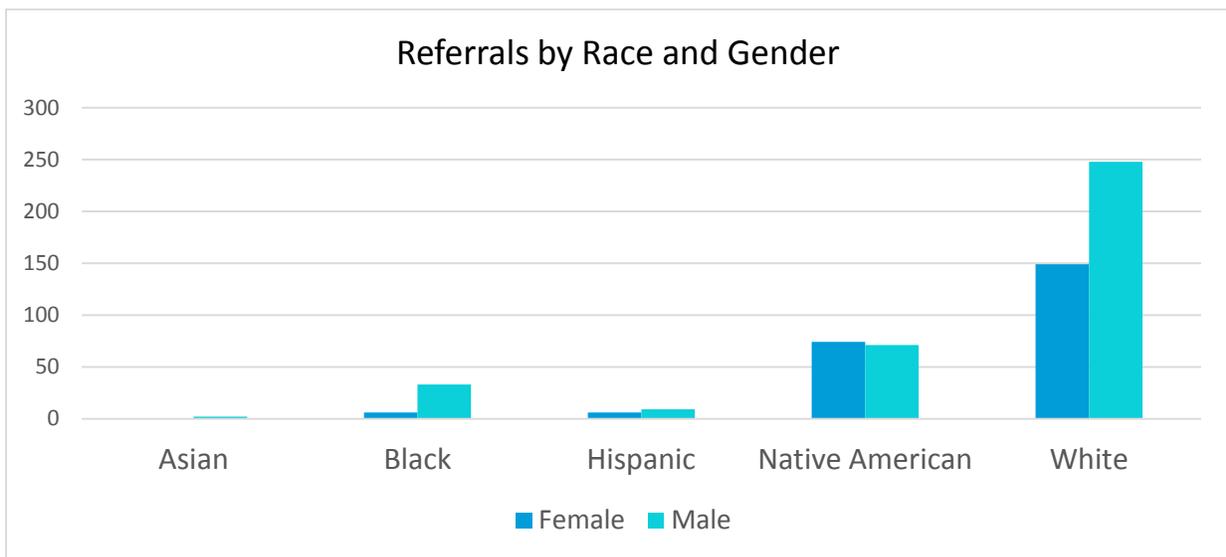
5. An LSI-R score of 34 or higher, indicating moderate-to-high risk of recidivism, qualifies an individual for the FTR program, though the FTR clinical administrator is overriding this requirement for people with high behavioral health needs.



6. The majority of Individuals who have been referred to Free Through Recovery are white (397), followed by those who are Native American (145).

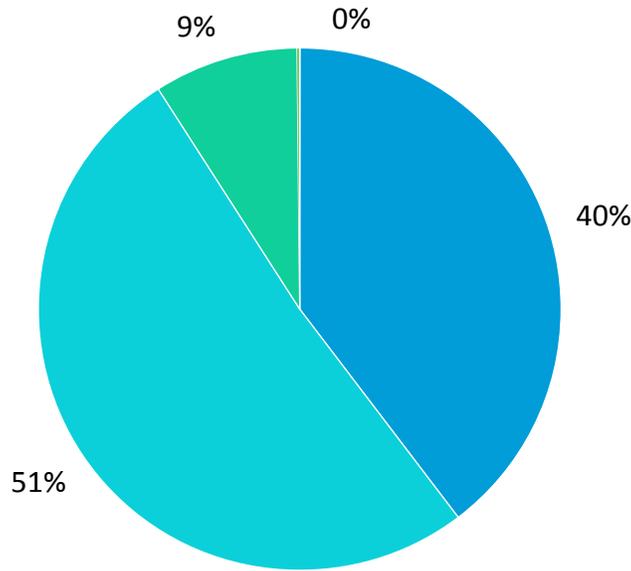


7. White males make up the largest percentage of Free Through Recovery referrals, followed by White females. Native American females represent slightly more referrals (74) than Native American males (71).



8. 305 individuals who have been referred to Free Through Recovery are in the 31-50 age range, followed by 236 individuals who are in the 18-30 age range.

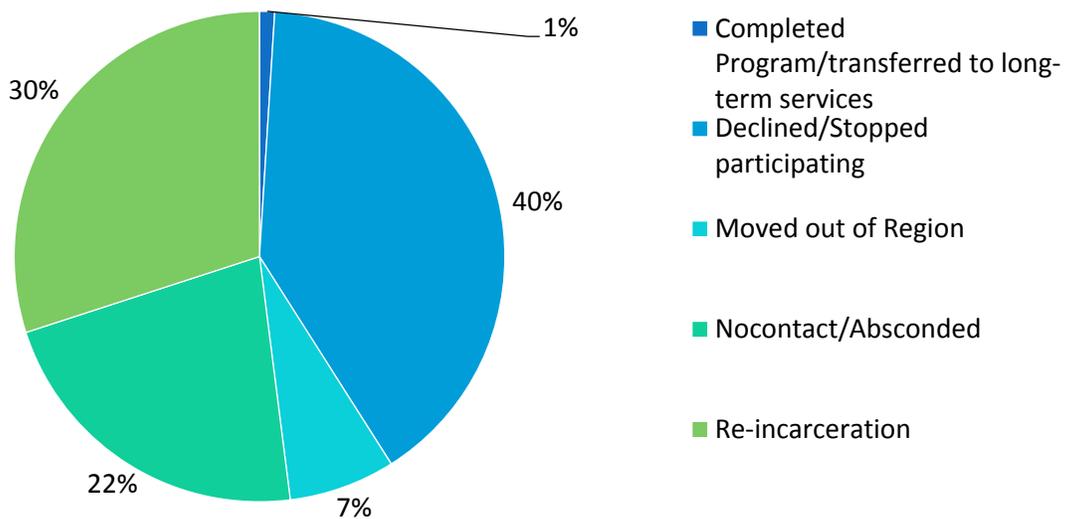
Referrals by Age Range



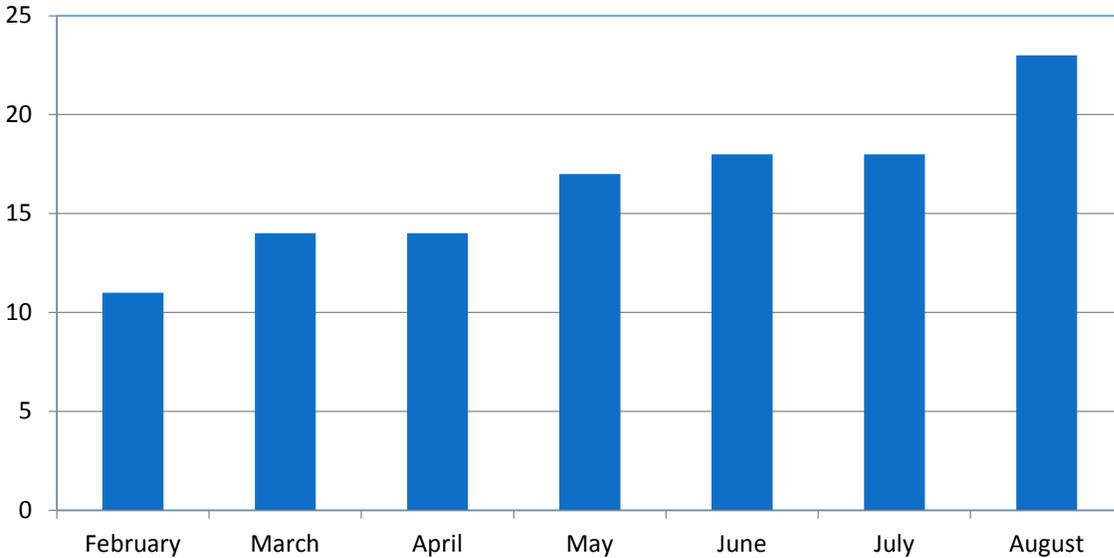
■ Age Ranges ■ 18-30 ■ 31-50 ■ 51-65 ■ Over 65

9. There have been a total of 95 discharges from Free Through Recovery. The majority of individuals declined or stopped participating in FTR (38), followed by those who were re-incarcerated (29).

Discharge Types



10. Various community agencies and organizations comprise the Free Through Recovery providers. As of February, 2018 there were 11 total providers. This number has grown and there are currently 23 Free Through Recovery providers located across the state.



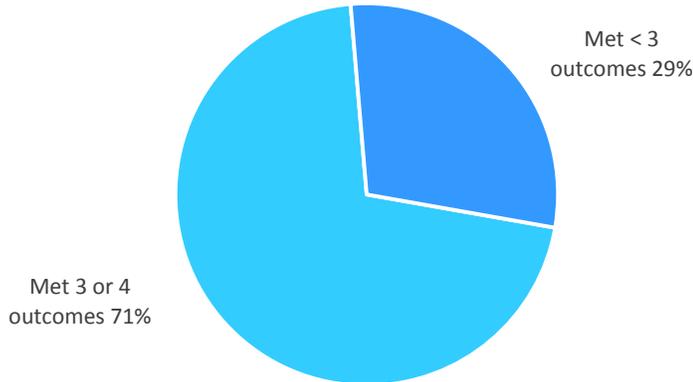
Outcome Monitoring

FTR providers began tracking outcome metrics for participants in March 2018. In order for providers to receive performance pay, participants must meet 3 of the 4 outcome metrics. The outcome metrics providers are reporting on are as follows;

- Is the participant living in a residence that is supportive of their recovery?
- Is the participant actively seeking or participating in employment?
- Is the participant demonstrating effort to reduce their substance use or the harm associated with their use and/or improve their mental health functioning?
- Did the participant avoid law enforcement involvement resulting in arrest, criminal charge, or probation violation resulting in initiation of revocation?

11. Overall, from March through July 2018, providers earned incentive pay for 71% of their participants meeting 3 of the 4 outcome measures.

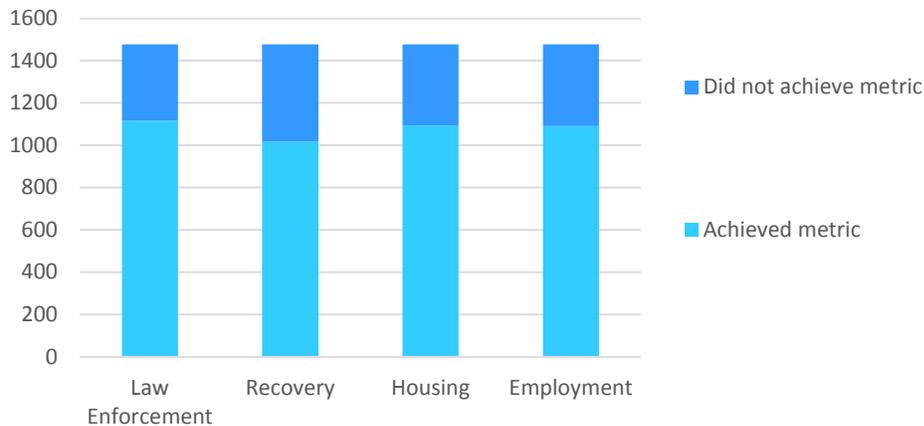
Overall March - July 2018 Outcomes



12. Overall (from March-July 2018), positive outcomes were achieved by:

- 69% of the participants in the Recovery domain,
- 74% of the participants in the Housing domain,
- 74% of the participants in the Employment domain, and
- 76% of the participants in the Law Enforcement domain.

Overall Outcomes by Domain
March through July 2018





13. Listed Below are the stated capacities for each Free Through Recovery provider by region.

	Fargo	Bismarck	Minot	Grand Forks	Williston	Devil's Lake	Dickinson	Tioga	Jamestown	Watford City	Valley City	Total Agency Capacity
Lutheran Social Services	20	27	5	15	5	5	10	0	5	0	0	92
Community Options	20	29	15	25	10	20	10	0	5	0	0	134
Community Medical Services	25	0	20	0	0	0	0	0	0	0	0	45
STAND	5	7	0	3	0	0	0	0	6	0	0	21
Native American Development Center	0	6	0	0	0	0	0	0	0	0	0	6
FS Project	45	10	0	0	0	10	0	0	0	0	0	65
Elliot Kabanuk	15	0	0	0	0	0	0	0	0	0	0	15
Fraser Ltd.	20	0	0	0	0	0	0	0	0	0	0	20
Warrior's of the 21st Century	0	55	0	0	0	0	0	0	0	0	0	55
Face It Together	17	13	0	0	0	0	0	0	0	0	0	30
Redemption Road	40	0	0	0	0	0	0	0	10	0	0	50
Lighthouse Church	40	0	0	0	0	0	0	0	0	0	0	40
Centre, Inc.	25	0	0	0	0	0	0	0	0	0	0	25
Lost and Found Recovery	20	0	0	0	0	0	0	0	0	0	0	20
Solid Ground Counseling	0	0	0	0	0	0	0	0	0	0	15	15
You Shine Guardianship	0	0	0	13	0	0	0	0	0	0	0	13
Solutions Behavioral Healthcare	50	0	0	0	0	0	0	0	0	0	0	50
Western Edge Ministries	0	0	0	0	0	0	5	0	0	0	0	5
Freedom Church	0	0	0	10	0	0	0	0	0	0	0	10
Selah Counseling	0	0	0	0	15	0	0	0	0	10	0	25
Summit Counseling Services	0	0	0	0	15	0	0	5	0	5	0	25
ND Adult & Teen Challenge	0	20	0	0	0	0	0	0	0	0	0	20
United Way Dickinson	0	0	0	0	0	0	15	0	0	0	0	15
Total Regional Capacity	342	167	40	66	45	35	40	5	26	15	15	796